

NATURAL HELP TO IMPROVE AND PROTECT COGNITIVE BRAIN FUNCTIONS

COGNIGRAPE™ is a powder extract obtained from red grape juice (*Vitis vinifera* L.).



COMPOSITION

COGNIGRAPE™
% (W/W)

Proanthocyanidins

>9.0

Anthocyanins
(Maldivin-3-Glucoside)

4.0-5.0

SUGGESTED DOSAGE: 250 MG/DAY

The grape polyphenolic compounds contained in **COGNIGRAPE™** can be considered a natural aid in preventing cognitive decline, mainly thanks to anthocyanins and proanthocyanidins' antioxidant effect.

Grapes are a natural source of polyphenols responsible for the varying shades of purple in red wines together with biological activity. Respect for the raw material and the regenerative processes which grape juice goes through are the bases of the genuine phytocomplex contained in the product.

Benefits



**SUPPORTS BRAIN FUNCTIONS
ACTIVITIES**



**IMPROVES COGNITIVE SKILLS
IN ELDERLY PEOPLE**



**IMPROVES THE QUALITY
OF LIFE AND MOOD**



Mechanism of action



- **SUPPORTS BRAIN FUNCTIONS AND ACTIVITIES**

It improves attention, language, and immediate and delayed memory in older adults.

- **IMPROVES THE QUALITY OF LIFE AND MOOD**

It was able to increase MMSE and RBANS scores and improve mood status thanks to better cognitive performance and general neuropsychological subject condition.

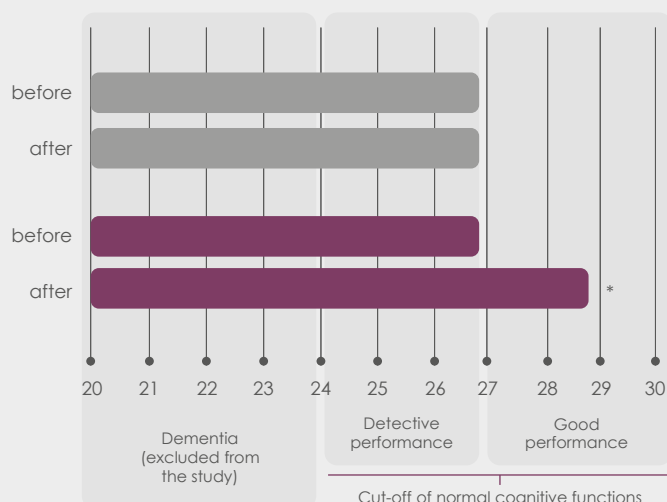
Scientific findings

COGNIGRAPE™ effect in brain function has been recently evaluated in **randomized, double-blind, placebo control clinical trial** carried out

- on **111 subjects** of healthy older adults (mean age 66.9 ± 5.2 years);
- treated with **250 mg of COGNIGRAPE™**;
- **once a day for 12 weeks** by using Mini-Mental State Examination (**MMSE**) and Repeatable Battery for the Assessment of Neuropsychological Status (**RBANS**).

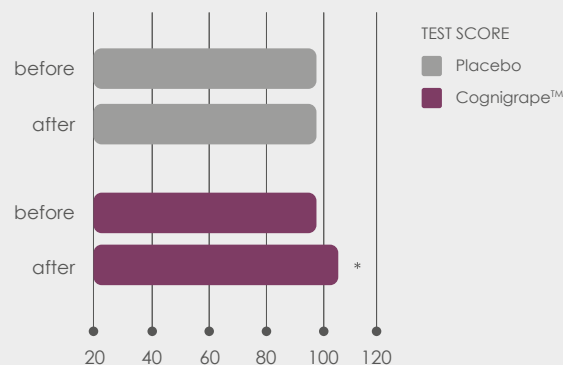
MMSE

Mini-Mental State Examination



RBANS

Assessment of Neuropsychological Status



RBANS score before and after supplementation with **COGNIGRAPE™** (250 mg/die for 12 weeks) and placebo (* $p < 0.0001$ vs placebo).

MMSE score before and after supplementation with **COGNIGRAPE™** (250 mg/die for 12 weeks) and placebo (* $p < 0.0001$ vs placebo).